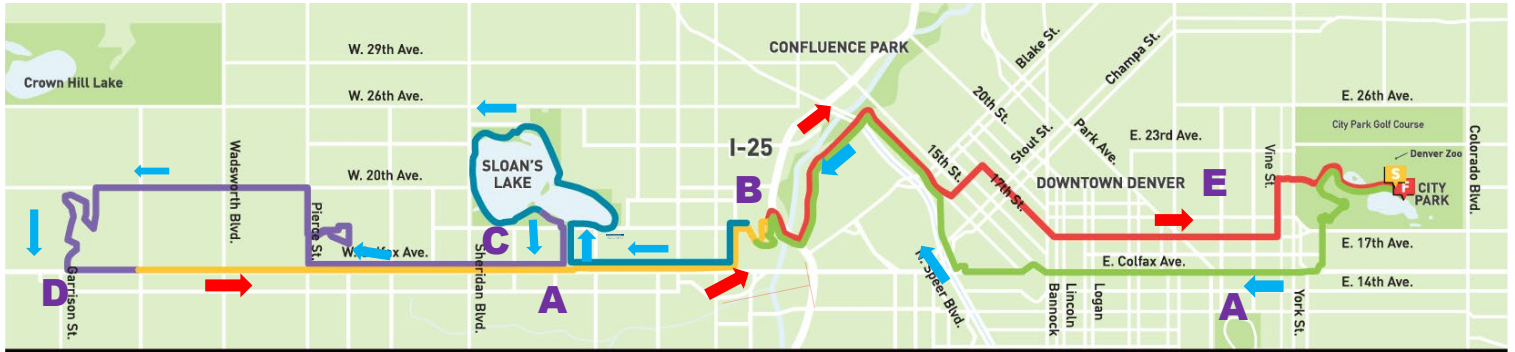


BEST PLACES TO WATCH THE MARATHON (& MARATHON RELAY)



Check out the [Marathon interactive map](#) and the [Relay interactive map](#) for detailed view of the course. Above – the Colored sections represent the 5 legs of the relay.

A Colfax Ave

- **STAY SOUTH OF COLFAX to avoid getting caught inside the course**
- Due to construction, you can view on Colfax but please be careful as there is significant construction
- Mile 8-10 - South of Sloan's – popular spot is Colfax and Raleigh – 6:40am – 8:30am

B Empower Field at Mile High

- Mile 6 and 20
- West side of Stadium. This is a “double” Relay Exchange Zone (*lots of music, & relay runners arriving and departing*).
- **Take I-25** (take I-25 North to exit 210C, take I-25 South to exit 211). Take Mile High Stadium Circle and Park in lots on the north side of the stadium.
- Runners from marathon, relay and urban 10 will be there from 6:30 to 11:00am

C Sloan's Lake

- **DRIVE FROM THE NORTH – drive down Sheridan**
- Mile 8 - 10 – runners are circling Sloan's Lake - 6:45 to 8:30am
- 17th & Vrain is a Relay Exchange Zone (*fun Dragonboat and Asian Dancers/Drummers*).

D Dudley & Colfax (do NOT drive on Colfax)

- Mile 16 - Relay Exchange – 7:30- 10:00am

E 17th Ave

- **STAY NORTH OF 17th to avoid the course**
- Mile 24-25
- Runners from the marathon, half, relay, Urban 10 will be there 7:15am to 12:00pm

TOP 5 HINTS

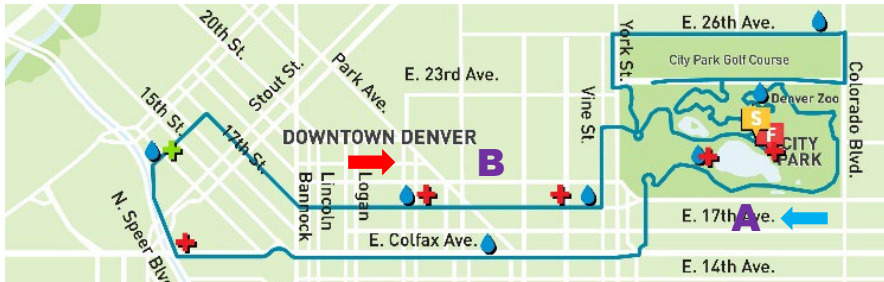
- > Do not try to cross the course
- > Use our directions below - not GPS
- > I-25 is Open
- > Arrive 30 minutes early.

TRACK YOUR RUNNER - 2 WAYS!

You can track your runner by their chip
Or, if they carry their phone, use the RaceJoy app.
Pick up the [Runner Tracking flyer](#) at the Expo or print at the [link above](#).

BEST PLACES TO WATCH THE HALF MARATHON

The first half of the course is in City Park/Denver Zoo before heading down Colfax. Check out the [Half Marathon interactive map](#) for detailed view of the course



TOP 5 HINTS

- > Do not try to cross the course
- > Use our directions below - not GPS
- > I-25 is Open
- > Arrive 30 minutes early.

TRACK YOUR RUNNER - 2 WAYS!

You can track your runner by their chip
Or, if they carry their phone, use the RaceJoy app.
Pick up the Runner Tracking flyer at the Expo or print at the link above.

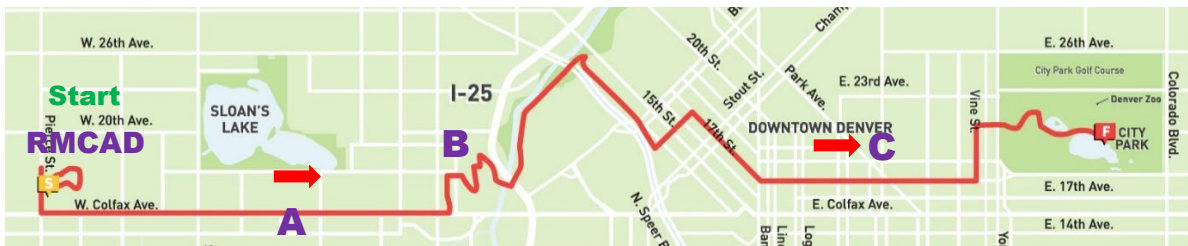
A City Park

- South border of City Park near 17th and Steele – Runners will be there 7:00 – 8:50am

B 17th Ave

- **STAY NORTH OF 17th to avoid the course**
- Runners from the marathon, half, relay and urban 10 will be there 7:15am to 12:00pm

BEST PLACES TO WATCH THE URBAN 10 MILER



Urban 10 is a one-way course starting in Lakewood at Rocky Mountain College of Art & Design – Check out the [Urban 10 interactive map](#) for detailed view of the course.

A Colfax Ave

- **STAY SOUTH OF COLFAX to avoid getting caught inside the MARATHON Course**
- Colfax – Pierce to Federal – runners from urban 10, marathon, and relay will be there 7:30 – 10:45am. Be aware – there is significant construction on Colfax.

B Empower Field at Mile High

- West side of Stadium. It's also a Relay Exchange Zone (*lots of music*).
- **Take I-25** (take I-25 North to exit 210C, take I-25 South to exit 211). Take Mile High Stadium Circle and Park in lots on the north side of the stadium.
- Runners from marathon, relay and urban 10 will be there from 6:30 to 11:00am

C 17th Ave

- **STAY NORTH OF 17th to avoid the course**
- Runners from the marathon, half, relay and urban 10 will be there 7:15am to 12:00pm