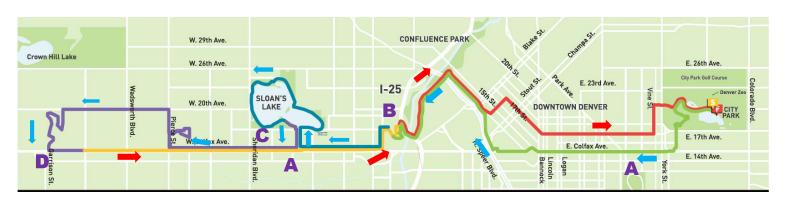


# **SPECTATOR INFO - Marathon**

# **BEST PLACES TO WATCH THE MARATHON (& MARATHON RELAY)**



Marathon and Relay detailed maps are found at <a href="https://www.runcolfax.org/races/marathon-course-overview/">https://www.runcolfax.org/races/marathon-course-overview/</a> Colored sections represents the 5 legs of the relay.

### Colfax Ave

- STAY SOUTH OF COLFAX to avoid getting caught inside the course
- Mile 2-4 Central Denver between York and Speer 610am to 7am
- Mile 8-10 South of Sloans popular spot is Colfax and Raleigh 6:40am 8:30am
- Mile 16-20 West Denver & Lakewood Federal to Garrison 635am to 11:00am

# **B** Empower Field at Mile High

- Mile 6 and 20
- West side of Stadium. This is a "double" Relay Exchange Zone (lots of music, & relay runners arriving and departing).
- Take I-25 (take I-25 North to exit 210C, take I-25 South to exit 211). Take Mile High Stadium Circle and Park in lots on the north side of the stadium.
- Runners from marathon, relay and urban 10 will be there from 6:30 to 11:00am

#### C Sloan's Lake

- DRIVE FROM THE NORTH drive down Sheridan
- Mile 8 10 runners are circling Sloan's Lake -6:45 to 8:30am
- 17<sup>th</sup> & Vrain is a Relay Exchange Zone (fun Dragonboat and Asian Dancers/Drummers).

### Dudley & Colfax (do NOT drive on Colfax)

Mile 16 - Relay Exchange – 7:30- 10:00am

#### 17th Ave

- STAY NORTH OF 17<sup>th</sup> to avoid the course
- Mile 24-25
- Runners from the marathon, half, relay, urban 10 will be there 7:15am to 12:00pm

### **TOP 5 HINTS**

- > Do not try to cross the course
- > Use our directions below not GPS
- > I-25 is Open
- > Arrive 30 minutes early.

# TRACK YOUR RUNNER - 2 WAYS!

You can track your runner by their chip Or, if they carry their phone, use the RaceJoy app.
Pick up the Runner Tracking flyer at the Expo or print it:

www.runcolfax.org/runnerinfo/runner-tracking-2-options/



# **SPECTATOR INFO – Half, Urban 10**

### BEST PLACES TO WATCH THE HALF MARATHON



TOP driving hints and how to Track your Runners will be there 7:00 –

9:30am runners -

The first half of the course is in City Park/Denver Zoo before heading down Colfax. Half Marathon interactive map - <a href="https://www.runcolfax.org/races/half-marathon/half-marathon-course-overview/">https://www.runcolfax.org/races/half-marathon/half-marathon-course-overview/</a>

### Colfax Ave

- STAY SOUTH OF COLFAX to avoid getting caught inside the course
- Between York and Speer Runners will be there 7:00 9:30am

### R 17<sup>th</sup> Ave

- STAY NORTH OF 17th to avoid the course
- Runners from the marathon, half, relay and urban 10 will be there 7:15am to 12:00pm

## **BEST PLACES TO WATCH THE URBAN 10 MILER**



TOP driving
hints and how to
Track your
Runners will be
there 7:00 –
9:30am runners –

Urban 10 is a one way course starting in Lakewood and Rocky Mountain College of Art & Design – RMCAD.

Urban 10 Miler interactive map - <a href="https://www.runcolfax.org/races/marathon-course-overview/">https://www.runcolfax.org/races/marathon-course-overview/</a>

## A Colfax Ave

- STAY SOUTH OF COLFAX to avoid getting caught inside the MARATHON Course
- Colfax Pierce to Federal runners from urban 10, marathon, and relay will be there 7:30 10:45am

### Empower Field at Mile High

- West side of Stadium. It's also a Relay Exchange Zone (lots of music).
- Take I-25 (take I-25 North to exit 210C, take I-25 South to exit 211). Take Mile High Stadium Circle and Park in lots on the north side of the stadium.
- Runners from marathon, relay and urban 10 will be there from 6:30 to 11:00am

#### C 17th Ave

- STAY NORTH OF 17<sup>th</sup> to avoid the course
- Runners from the marathon, half, relay and urban 10 will be there 7:15am to 12:00pm