KAISER PERMANENTE. COLFAX MARATHON

#1   RaceJoy App Tracking *using your phone*

Phone tracking of runners on an interactive course map in real-time. Progress alerts at every mile with current location, pace and estimated finish time. Audio cheers. **You must carry your phone and turn on tracking on Race Day**

Set Up
- Download RaceJoy from the App Store.
- Click Featured Races and then Colfax Marathon. *Warning:* **Make sure you access 2019's event.** *If you used RaceJoy in previous years, will appear in your MyRaces folder. Each year is different! You will need to access this year's event in the Featured Races section.*
- Click "I Want to Be Tracked" and follow the prompts carefully.
- Select course – Relay teams must pick 26.2 Relay by scrolling down.
- **Relay Teams***: Select or Add Relay Team Name.
    - *Note: Be careful to select the correct team as team names can be similar.*
    - Add ALL team members to your participant list to receive team progress alerts.

Race Day
- Carry your fully charged phone.
- Click the Green "Track Me" Button to start your tracking.
    - *Tracking is available 30 minutes before the race starts.*
- **Individuals:**
    - Click "Start My Race" as you cross the start line for mile-by-mile accuracy
- **Relay Teams:**
    - Choose leg(s) you are running.
    - Wait to click "Start My Leg" until you begin each segment you are doing.
    - If you do not click "Start My Leg", people can track your position,
          but no progress alerts will be provided for your leg.
    - Team Driver (if there is one) should sign up as a Spectator.
    - Near Me Alerts will be audio & pop up message when a tracked runner is approaching you.
    - Manually enter exchange finish time for those not using RaceJoy under the Manage area.
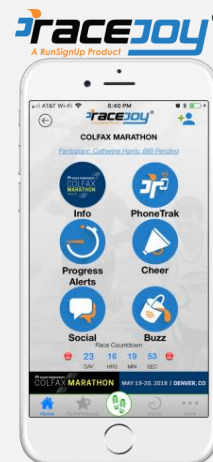
RaceJoy FAQ's
- *What if I forgot to go into RaceJoy the day of the race?   You won't be tracked.*
- *What if I forget to hit START MY RACE or START MY LEG?   Individuals: Progress alerts won't be as accurate. Relay Teams: No progress alerts, but people can still track map position. You can enter the leg finish time in the Manage area.*
- *Should I use headphones?   No –the audio progress alerts & cheers can be played on your phone speaker.*
- *Should I use WIFI on Race Day?   No –* **Turn WiFi OFF** *– it will cause your tracking to disengage.*
- *Is this my official time?   No - it's GPS to give you an idea of your pace and location.*

#2 Official Race Results Tracking *by your timing chip*

The chip in your bib (or baton) times your OFFICIAL RESULTS automatically on the course at
> Mile 0. 6.5, 10.5, 16.0, 20.1, 26.2, for the Marathon and Relay.
> Mile 0. 6.5 and 13.1 for the Half.
> Mile 3.9 and 10 for the Urban 10.

Enter family & friends pre race – or they can sign up themselves.   Updates are sent during the race to facebook/twitter, or text/email messages to up to 5 friends& family.. Click HERE to enter your followers. If you are a team you must first click here to get the team bib number, then enter it here.

For Option 2 you do not need to carry your phone on Race Day. These are Official Results.

RACEJOY ®
A RunSignUp Product

# #1   RaceJoy App *using phone/app technology*

Watch your runner(s) on the map.   Receive mile by mile updates.   Send cheers.   *The runner must sign up to use RaceJoy, carry their phone, and turn on tracking on Race Day for you to track them in RaceJoy.*

Pre-Race Set Up
- Download RaceJoy from the App Store.
- Click Featured Races and then Colfax Marathon. Warning: **Make sure you access 2019's event.**   If you used RaceJoy in previous years, they will appear in your MyRaces folder. Each year is different! You will need to access this year's event in the Featured Races section.
- Click "I Want to Track Someone" and follow the prompts carefully
    - *Bib# is optional and you can search by name.*
- Add participants you want to track (up to 50)
    - If the runner or team name is not listed, they have to sign up first.
    - Let them know you'd like to track them in RaceJoy.
- Team Drivers – track your team!

Race Day
- Live Tracking: Click the "PhoneTrak", "Track" or Feet Icon Button
    - *Watch tracked participants as they move along the course.*
- Send Cheers: Click the "Cheer" Button
    - *Send pre-recorded or custom text-to-cheer messages.*
    - *Cheers are sent instantly in audio format.*
- Review Progress Alerts:
    - *To review any progress updates, go to "Progress Alerts" and then "View Alerts."*
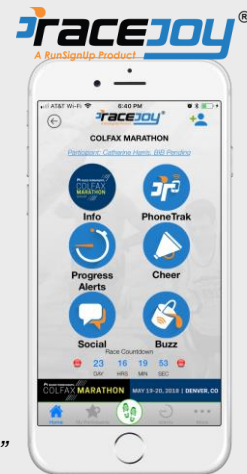
QUESTIONS – contact RaceJoy at www.racejoy.com *or* support@racejoy.com. *Or check out RaceJoy's in-app FAQ*

#2   Official Race Results Tracking *by the Timing Chip*

Runners can sign you up, or click HERE!   Select to receive updates by text or email of runners' Official Race Results on Race Day.   Runners can also choose to have updates sent to facebook/twitter.   To follow a team you must first click here to get the team bib number, then enter it here

The chip in their bib (or baton) times their OFFICIAL RESULTS automatically on the course
    mile 6.5, 10.5, 16 0, 20.1, 26.2, for the marathon and relay.
    Mile 6.5 and 13.1 for the Half.
    Mile 3.9 and 10 for the Urban 10.
Runners do not need to carry their phone on Race Day – this is timed by chip