



URBAN 10 MILER

COLFAX STORE

Buy Colfax Marathon halfzips, trucker hats, hoodies, necklaces, medal hangers...

Did you miss it? Re-enter the expo after you exit. You can shop and then exit right away – **OR** – shop at the Finish Line Store on Saturday and Sunday.

PACKET PICKUP

Bib: Your bib is your chip. Don't damage/remove or you won't be timed.

Beer wristband (in bib area): Wear it now or bring ID on Sunday

Car Decal →

Pick up your Parking Pass and Driving Instructions

RTD: Learn about RTD

Runner tracking/RaceJoy
Questions? Go to Info Booth

Running the 2 day challenge?

Pick up 5K bib, shirt and your 2 day challenge award at the 5K bib area (near Relay)



2022 REGISTRATION

Lowest Loyalty Pricing at the Expo only! Prices go up after the Expo. Located next to Info Booth

TECH SHIRT →



Stop by Cigna's Health Improvement Tour van located at the Expo Exit Plaza Outdoors for a free health screening including cholesterol, blood sugar, blood pressure and Body-Mass Index (BMI). All attendees are welcome, age 18 and older.

A health coach will review and provide written results for you to share with your healthcare provider. The entire experience takes under 15 minutes!

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PARKING – CLOSE & EASY

- Park before 7:45 to avoid delays
- Parking pass with directions will be given out at the expo
- Park in Lamar Station Plaza parking lot (near Casa Bonita)
 - MUST enter from Kendall just south of 16th

KNOW WHERE TO START – SATURDAY

- The race is on **Saturday**, not Sunday
- At Rocky Mountain College of Art & Design, in Lakewood at 16th and Pierce
- Between 9:00 and 10:00am
- Runners start at RMCAD Urban 10 Miler Start, and enter marathon in progress, 1-3 runners at a time

BE AWARE OF THE STAGGERED WAVE START

- No gun start!
- The letter on your bib is your wave
 - Wave A, B, & C start 9:00-9:20am
 - Wave D, E, & F start 9:20-9:40am
 - Wave G, H, I, & J start 9:40-10:00am

CHECK YOUR BAG

- Look for the Bag Check truck at the RMCAD start line
- Utilize clear expo bag for bag check
- Pick up at City Park bag check
- Check your bag by 9:30am

GET YOUR BREAKFAST

- Bagels, water, & coffee at the RMCAD Start

RETURN TO YOUR CAR

- Catch the RTD bus #15 Limited (15L) westbound on the NE corner of Colorado & Colfax to the Decatur Federal station (near the Stadium)
- Transfer to light rail to the Lamar stop
- RTD requires a mask. If you don't have one, pick one up at the info tent in City Park

MEDICAL & HYDRATION

- Police officers at every intersection
- Bike medics on course
- First aid stations are ambulances approx. every 2 miles.
- See red crosses on map
- Water/Gatorade Endurance approx. every 2 miles & at Finish
- Water Refill Station at the Festival in City Park

