

EXPO CHECKLIST



DON'T FORGET YOUR STUFF!

26.2 MARATHON

PACKET PICKUP

- Bib:** Your bib is your chip. Don't damage/remove or you won't be timed.
- Beer wristband (in bib area)**
Wear it now or bring ID on Sunday
- Runner tracking/RaceJoy**
Questions? Go to Info Booth
- Running the 2 day challenge?**
Pick up 5K bib & shirt by Relay Zone in 5K area. Medal is at Colfax Store.

COLFAX STORE

- Buy halfzips, trucker hats, hoodies, & more**
- Pick up earned gifts:**
 - Double Marathon Challenge gift
 - 2 Day Mile High Challenge Medal (run the 5K Saturday and Marathon Sunday)
 - Colfax 5 year or 10 year gift

CHARITY BACK BIB

- Running for Charity?**
Pick up your back bib

TECH SHIRT & CAR DECAL

(on WEST side)

- Tech Shirt**
- Car Decal**



RACE DAY HINTS
ON REVERSE SIDE

START TIMES DIFFER BY RACE

- 6am for the Marathon
- The Marathon and Relay start at 6, but the Half and Urban 10 do NOT.
- Urban 10 and Relay legs 2-5 do NOT start at City Park.
- Start Line—City Park between Denver Museum of Nature and Science and Ferril Lake.
- Corral (on your bib)—**you can move back, not forward**

PARKING

- Best idea—get dropped off by 5:15 at the East end of City Park. *Note: Colorado Blvd is closed so come in from the east.*
- Park by 4:55am in surrounding areas

BAG CHECK

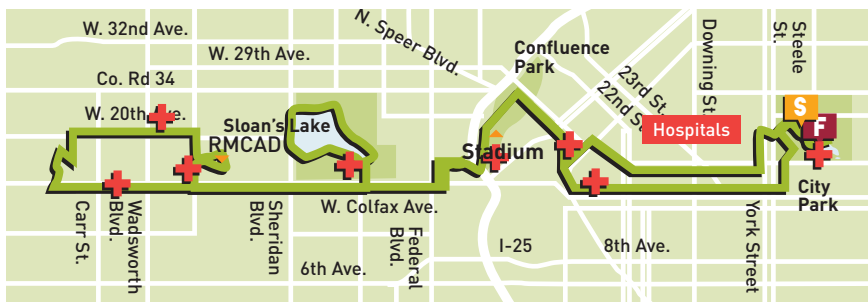
- On the hill behind the museum.
- Utilize the clear bag from the Expo
- Do not leave clothing/items at the Start. *They are picked up by 7:15am and donated to charity.*

WATER, GATORADE ENDURANCE, HONEY STINGER & TOILETS

- Water/Gatorade Endurance every 2 miles & at Finish
- Toilets just after water stations
- Honey Stinger energy gels at mile 6 and 20
- Water refill station at Finish Festival

MEDICAL

- Police at each intersection can call for help
- Bike medics on course
- First Aid Stations: At ambulances
Miles 4, 6, 8, 10, 12, 14, 16, 20, 22 plus start/finish
(See red crosses on map)



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ON REVERSE SIDE →