

MARATHON & RELAY START AT 6AM

(the Half Marathon starts later – at 6:45am)

MARATHON

KNOW YOUR START TIME

- 6am for the Marathon and Marathon Relay!
- Please note: the Half starts at 6:45am, but Marathon & Marathon Relay do not.
- Start line is between Denver Museum of Nature and Science and Denver Zoo inside park.

FIND YOUR CORRAL

- Know what corral you're in—it's on your bib.
- There is a time gap between corrals.

PARK YOUR CAR

- Park by 4:45 am (the lots in City Park are not available).
- Best idea is to be dropped off at 5-5:15 at the east end of the park.

CHECK YOUR BAG

- Bag check is located on the hill behind the museum—a quick walk to the Start.
- Utilize clear expo bag for bag check.
- Do not leave clothing/items at the start. They will be immediately picked up and donated to charity.

KNOW WATER & TOILET LOCATIONS

- Water/Gatorade Endurance every 2 miles & at Finish.
- Restrooms are after water stations.
- CLIF
- Clif Shot gels will be at miles 6 and 20.
- Water Refill Station at the Festival in City Park.

MEDICAL

- Police officers at every intersection can call for help.
- Bike medics on course.
- First aid stations with ambulances and paramedics at start/finish and miles 4, 6, 8, 10, 13, 16, 20 and 22.
- See red crosses on map.

